

# 2007 Arapahoe Lakes Tennis Scedule

ROCKY MOUNTAIN TENNIS ACADEMY



## Youth Classes

### **Tots** 4-6 Years Old Meets Twice Weekly for 45 Minutes

Class #	Time	Day(s)	Session	Dates	Fee	Location
06117AL	8:45-9:30 A.M.	M+W	Summer A	6/11-6/27	\$66	Arapahoe Lakes
07117AL	8:45-9:30 A.M.	M+W	Summer B	7/09-7/25	\$66	Arapahoe Lakes
08117AL	8:45-9:30 A.M.	M+W	Summer C	7/30-8/15	\$66	Arapahoe Lakes

**Students** Minimum: 4 Maximum: 12

*In addition to tennis skills, children will practice throwing, catching, stretching and physical fitness in play situations. Goals of the Tots program include basic racquet skills, hand to eye coordination and a focus on team.*

### **Tots 2** 4-6 Years Old Meets Twice Weekly for 1 Hour

Class #	Time	Day(s)	Session	Dates	Fee	Location
06217CH	4:15-5:00 P.M.	Tu+Th	Summer A	6/12-6/28	\$66	Cherry Hills
07217CH	4:15-5:00 P.M.	Tu+Th	Summer B	7/10-7/26	\$66	Cherry Hills
08217CH	4:15-5:00 P.M.	Tu+Th	Summer C	7/31-8/16	\$66	Cherry Hills

**Students** Minimum: 4 Maximum: 12

*Tots 2 is an advanced class for 4-6 year olds. Students should have the ability to hit successfully into the court while running. This class will work on improving court coverage and cooperative rallying.*

### **Winners** 7-10 Years Old Meets Twice Weekly for 1 Hour

Class #	Time	Day(s)	Session	Dates	Fee	Location
06127AL	9:30-10:30 A.M.	M+W	Summer A	6/11-6/27	\$66	Arapahoe Lakes
07127AL	9:30-10:30 A.M.	M+W	Summer B	7/09-7/25	\$66	Arapahoe Lakes
08127AL	9:30-10:30 A.M.	M+W	Summer C	7/30-8/15	\$66	Arapahoe Lakes

**Students** Minimum: 4 Maximum: 16

*Goals of the Winners program include cooperative rallying over the net, serving, and tennis scoring*

### **Winners 2** 7-10 Years Old Meets Twice Weekly for 1 Hour

Class #	Time	Day(s)	Session	Dates	Fee	Location
06227CH	5:00-6:00 P.M.	Tu+Th	Summer A	6/12-6/28	\$66	Cherry Hills
07227CH	5:00-6:00 P.M.	Tu+Th	Summer B	7/10-7/26	\$66	Cherry Hills
08227CH	5:00-6:00 P.M.	Tu+Th	Summer C	7/31-8/16	\$66	Cherry Hills

**Students** Minimum: 4 Maximum: 16

*Winners 2 is an advanced class for 7-10 year olds. Students should have the ability to maintain a rally successfully in a shortened court for a minimum of 5 hits. The advanced class will focus on actual game skills, preparing the student for match play.*

<b>Acers</b>		<b>11-15 Years Old</b>			<b>Meets Twice Weekly for 1 Hour</b>	
Class #	Time	Day(s)	Session	Dates	Fee	Location
06167AL	10:30-11:30 A.M.	M+W	Summer A	6/11-6/27	\$66	Arapahoe Lakes
07167AL	10:30-11:30 A.M.	M+W	Summer B	7/09-7/25	\$66	Arapahoe Lakes
08167AL	10:30-11:30 A.M.	M+W	Summer C	7/30-8/15	\$66	Arapahoe Lakes

**Students Minimum: 4 Maximum: 16**

*Acer goals include competitive rallying, serve and return, scoring and the ability to play an unsupervised match against a player of similar ability.*

<b>Interclub League</b>		<b>8-18 Years Old</b>			<b>Meets Three Times Weekly</b>	
Age Level	Time	Day(s)	Session	Dates	Fee	Location
8-12 yrs.	9:30-10:30 P.M.	Tu+Th	Summer	6/11-7/26	\$155	Sundance Hills
Matches	1:00 -3:00 P.M.	Wed				Varies
13-18 yrs	10:30-11:30 P.M.	Tu+Th	Summer	6/11-7/26	\$155	Sundance Hills
Matches	1:00-3:00 P.M.	Wed				Varies

**Please Note: There are no scheduled practices or matches the week of July 4th.**

*The Rocky Mountain Interclub League is a competitive juniors program for community youths. This league allows players to participate in match play during the summer in both a competitive and fun environment with Rock Mountain tennis staff supervision. Players will practice twice a week and participate in matches on Wednesdays. Players are not responsible for forming teams as they will all play each week.*

## **Adult Classes**

<b>Adult Beginner 1</b>		<b>New Beginner</b>			<b>Meets Once Weekly for 1 Hour</b>	
Class #	Time	Day(s)	Session	Dates	Fee	Location
25097CH	6:00-7:00 P.M.	Tues	Spring B	5/22-6/05	\$40	Cherry Hills
06097CH	6:00-7:00 P.M.	Tues	Summer A	6/12-6/26	\$40	Cherry Hills
07097CH	6:00-7:00 P.M.	Tues	Summer B	7/10-7/24	\$40	Cherry Hills
08097CH	6:00-7:00 P.M.	Tues	Summer C	7/31-8/14	\$40	Cherry Hills

**Students Minimum: 4 Maximum: 8**

*This class designed for beginner adults is the perfect opportunity to learn to play tennis, develop your skills and meet other players. No need for experience as the classes are low pressure and designed for fun.*

<b>Cardio Tennis</b>		<b>All Levels</b>			<b>Meets Once Weekly for 1 Hour</b>	
Class #	Time	Day(s)	Session	Dates	Fee	Location
25727CH	6:00-7:00 P.M.	Thurs	Spring B	5/24-6/07	\$45	Cherry Hills
06727CH	6:00-7:00 P.M.	Thurs	Summer A	6/14-6/28	\$45	Cherry Hills
07727CH	6:00-7:00 P.M.	Thurs	Summer B	7/12-7/26	\$45	Cherry Hills
08727CH	6:00-7:00 P.M.	Thurs	Summer C	8/02-8/16	\$45	Cherry Hills

**Students Minimum: 4 Maximum: 8**

*Cardio Tennis is a fast paced, drill based, clinic ran to the beat of a thumping music track guaranteed to get you " movin and grooving" while you work on your tennis skills.*

**Ladies' Drill & Play All Levels Meets Once Weekly for 2 Hours**

Class #	Time	Day(s)	Session	Dates	Fee	Location
05517SH	9:00-11:00 A.M.	Fri	Spring A	5/11-5/18	\$38	Sundance Hills
15517SH	9:00-11:00 A.M.	Fri	Spring B	5/25-6/08	\$58	Sundance Hills
06517SH	9:00-11:00 A.M.	Fri	Summer A	6/15-6/29	\$58	Sundance Hills
07517SH	9:00-11:00 A.M.	Fri	Summer B	7/13-7/27	\$58	Sundance Hills
08517SH	9:00-11:00 A.M.	Fri	Summer C	8/03-8/17	\$58	Sundance Hills

**Students Minimum: 4 Maximum: 8**

*Our most popular adult program session consists of approx. 45 minutes of pro led drills and then round robin play for the next 75 minutes. During the match play time the pro will be on-court to help with your "game skills". You do not need a rating or be a USTA member to attend.*

**Private Practice All Levels Rates are per person/per hour**

Private	2+ Pro	3+ Pro	4+Pro
\$50	\$28	\$20	\$16

*Whether you need individual assistance or prefer to set-up your own group, we can assist you in fine tuning your game or just having fun. Please call the RMTA office or speak to your on-site tennis pro to set up a convenient time.*

Rocky Mountain Tennis Academy, LLC  
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[www.RockyMountainTennis.com](http://www.RockyMountainTennis.com)